



Course Overview: Advanced Higher Physical Education

Tuesday, 24 October 2023

Course Content

The following provides a broad overview of the subject skills, knowledge and understanding developed in the course:

- applying a range of complex movement and performance skills during a high-level single performance
- making decisions during a high-level single performance
- demonstrating independent research and investigation skills
- investigating how factors impact on performance
- understanding and applying approaches to develop performance
- analysing and evaluating the process of performance development

Course Content - Project

The following provides details of skills, knowledge and understanding sampled in the course assessment (Project):

- demonstrating independent research and investigation skills
- investigating how factors impact on performance
- understanding and applying approaches to develop performance
- analysing and evaluating the process of performance development including future needs

Course Assessment

■ ONGOING CLASS ASSESSMENT

- *Regular Feedback on Project*
- *Draft Answers*
- *Homework Activities (Google Classroom)*

■ FINAL SQA ASSESSMENT

- *Practical Performance - 30% of grade [High Level One-Off Performance]*
- *Project - 70% of grade [70 marks] (Ongoing)*

Course Timeline

Month	Activity
August	Data Gathering
September	Complete 1a
October	Complete 1b
November	Complete 2a
December	<i>Complete 2b/2c Prelim Leave</i>

Month	Activity
January	Complete Sect 3
February	Complete 4a/4b
March	Complete 4c 1 st Draft Practical Assessment Deadline
April	<i>Final Hand in</i>

Other Information

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- [SQA Course Specifications](#)
- [SQA Past Papers](#)
- [SQA Understanding Standards](#)
- Parent Forum – [In a Nutshell](#) series